



Concurrent Event to the A. Max Brewer Bridge 5K Run/Walk

**FREE Admission**

**5th Annual**

**Family**

**Lots of Door Prizes**

# **F.I.T. Fest**

**Where : Sand Point Park, Titusville  
Main Pavilion**

**When: Saturday, December 31, 2011**

**Time: 8:30am to 12:00pm**

*An Interactive Family Event*

## **“Start the New Year On the Right Foot”**

Come get a “*whealth*” of nutrition and wellness information ideas for your 2012 New Year’s Resolutions!

**Holland Blueberry Farm  
Providing Fresh Produce  
& Information**

### **Nutrition Facts**

Serving size: 1 human (about 80,500g)

Amount Per Serving	% of Total Mass*
Calories 264	65.0
<b>CVS/CAREMARK</b>	
<b>Will be on-site providing free cholesterol and blood pressure screenings.</b>	
Dihydrogen Monoxide	20.0
Protein 16,100g	12.0
Fat 500g	1.5
Other Organics 9,660g	
Inorganics 1,208g	
Ribonucleic Acid 805g	
Other Organics 322g	
Deoxyribonucleic Acid 99g	

**Local Vendors & Community Representatives**

#### **Healthcare Professionals**

- Massage Therapist
- Chiropractor
- Shaklee Representative

#### **Exhilarating Activities**

- Zumba (Parrish Health Center)
- P.E. Class Experience
- Bounce House

SCS FAMILY FIT FEST



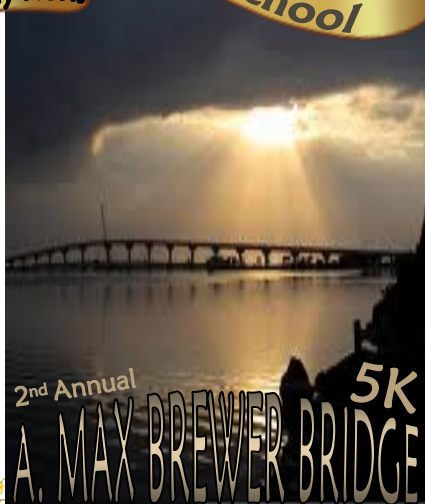
**F.I.T. = Families Interacting Together**



\* Percent of Total Mass values are based on average human contents. Values may be higher or lower depending on individual humans.

# Start the New Year On the Right Foot!

**Sculptor  
Charter School**  
Proudly Hosts

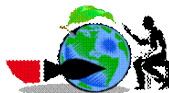


## Saturday December 31, 2011

*This year's proceeds will be shared between  
The City of Titusville & Sculptor Charter School  
to support Titusville's Fireworks Fund, local  
families in need, & SCS Facilities.*

*For more information, please contact:  
Clarissa Kirk (321) 264-4000 ext. 131  
kirk.clarissa@sculptorcharter.org*

or  
Marty Winkel (321) 537-3526



These Events brought to you by:  
**Sculptor Charter School**  
1301 Armstrong Dr, Titusville, FL 32780  
[www.sculptorcharter.org](http://www.sculptorcharter.org)

**Event Date:** Saturday, December 31, 2011  
Day of Event Registration: 7:00am

### Start Time & Location:

**8:30am, Sand Point Park, Titusville**

### Registration Fee:

Adult - \$25  
Student (under 18)- \$20

**Early Bird Pre-Registration Fee** (register  
before Dec. 19th to receive **\$5 OFF**):

Adult - \$20  
Student (under 18)- \$15

Register & pay online by visiting  
[www.active.com](http://www.active.com) –or– complete & return a  
registration form (see in-store display) with  
entry fee to **Sculptor/A. Max Brewer Bridge  
5K, P.O. Box 2, Titusville, FL 32781**. Make  
checks payable to **Sculptor Charter School**.

**Participant Packet:** Pick up on Thursday,  
12/29/2011 or Friday, 12/30/2011 at desig-  
nated locations.

Packet will include a *Souvenir T-shirt* and  
other *exclusive* participation gifts!

Every participant will receive a commemo-  
rative wristband.

### Recognition Ceremony:

Immediately following run/walk end.



### Run/Walk Routes:

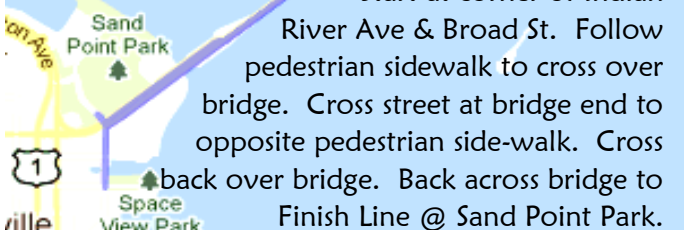
#### 5K Run:

Start at corner of Indian River Ave & Broad St.  
Cross over bridge and continue till turn-  
around at KSC Portable Gate. Back  
across Bridge. Finish Line @ A.  
Sand Point Park.

~OR~

#### 2mi Walk:

Start at corner of Indian  
River Ave & Broad St. Follow  
pedestrian sidewalk to cross over  
bridge. Cross street at bridge end to  
opposite pedestrian side-walk. Cross  
back over bridge. Back across bridge to  
Finish Line @ Sand Point Park.



**Electronic Chip Timing**

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