



USATF Certified Course
FL11120EBM

24th ANNUAL EYE OF THE DRAGON 10K TAIL OF THE LIZARD 2 MILE



A SPACE COAST RUNNER OF THE YEAR EVENT
2012 RRCA FLORIDA STATE 10K CHAMPIONSHIP

Event Benefits the Space Coast Runners Scholarship Fund



Dick White
Sports Therapist



RACE INFORMATION

Race Time	February 25, 2012 8:00 am - 10k and 2 Mile 9:15 am - Kids' Runs	Location	Eau Gallie Civic Center 1551 Highland Ave, Melbourne
Directions	From I-95, take SR 518 east, cross US 1, turn left after 3 blocks From US-1, go north or south to SR 518, head east 3 blocks	Parking	Eau Gallie Civic Center Highland Avenue and surrounding streets Grass lots off Highland and between Highland and Montreal
Packet Pickup	Thursday & Friday, 2/23 and 2/24, at the Running Zone 10:00-6:30	For safety reasons, no animals, baby joggers, skates, or headphones permitted	

EVENTS

10k Run

Participants may run or walk any part of this event. **All participants in this event must be off the causeway by 10 am, which is a 20 minute per mile pace! If you cannot maintain this pace, you must do one of the 2 mile events.** Awards are based on overall and age group categories, as noted in the Awards section of this flyer.
Space Coast Runner of the Year points for 15 & over only for 10k

10k Walk

Participants **MUST WALK** the entire course. This event is scored separately from the 10k Run, and participants will not be allowed to change their category mid-race. **All participants in this event must be off the causeway by 10 am, which is a 20 minute per mile pace! If you cannot maintain this pace, you must do one of the 2 mile events.** Awards are based on order of finish for male and female participants as notes in the Awards section of this flyer - NO AGE GROUPS.

Space Coast Runner of the Year points for 15 & over only for 10k

2 Mile Run

Participants may run or walk any part of this event. Awards are based on overall and age group categories, as noted in the Awards section of this flyer.

Space Coast Runner of the Year points for 14 & under only for 2 mile

2 Mile Walk

Participants **MUST WALK** the entire course. This event is scored separately from the 2 Mile Run, and participants will not be allowed to change their category mid-race. Awards are based on order of finish for male and female participants, as noted in the Awards section of this flyer - NO AGE GROUPS.

Space Coast Runner of the Year points for 14 & under only for 2 mile

Kids' Runs

FREE 1/4, 1/2, and 1 mile runs for children 12 and under. *This is a Space Coast Runners Youth Series event.*

AWARDS

10k Run

Participants may run or walk this event

Overall 1st, 2nd, 3rd Male & Female

Master 1st Male & Female 40+

Grand Master 1st Male & Female 50+

Senior Grand Master 1st Male & Female 60+

Age Group 1st, 2nd, 3rd Male & Female in 5 year age groups from 10-14 through 80+.

RRCA State Championship Series 10k Run

Overall Male & Female

Master 1st Male & Female 40+

Grand Master 1st Male & Female 50+

Senior Grand Master 1st Male & Female 60+

10k Walk

Participants must walk the entire course

Overall First 10 finishers each Male & Female

SCROY points for 15 & over only for 10k Run or Walk

2 Mile Run

Participants may run or walk this event

Overall 1st, 2nd, 3rd Male & Female

Master 1st Male & Female 40+

Age Group 1st, 2nd, 3rd, 4th, 5th Male & Female in age groups 0-8, 9-11, 12-14. 1st, 2nd, 3rd Male & Female in 5 year age groups starting 15-19 through 80+.

2 Mile Walk

Participants must walk the entire course

Overall First 10 finishers each Male & Female

SCROY points for 14 & under only for 2 mile Run or Walk

AMENITIES

D-TAG timing for 10k and 2 mile events

Soft-Tech technical shirts to first 700 entries

Post-race refreshments in Eau Gallie Civic Center

Door prizes during awards ceremony

More Information: EyeoftheDragon10k@cfl.rr.com (321) 783-6535
http://www.fleastrostrunners.com/Races-Eye_Of_The_Dragon_10K.html

Entry Fees

	Postmarked by 2/13/12	After 2/13/12
10k or 2 Mile	\$25	\$30
SCR or Gecko Club member	\$20	\$25
No Shirt (must pre-register)	\$20	\$25
Student through grade 12	\$20	\$20

Kids' fun runs free (no shirt)

Not a member? Join SCR and save \$5 on registration fee:
 Family \$35 Individual \$30 Student \$15

Mail check payable to *Space Coast Runners* to:
 Eye of the Dragon 10k
 30 Country Club Road
 Cocoa Beach, FL 32931

On-Line at www.Active.com until 2/22/12, search on "Eye of the Dragon"

Race Day from 6:45 to 7:45 am at Civic Center

Mail entry form to: Eye of the Dragon 10k, 30 Country Club Road, Cocoa Beach, FL 32931

Name _____ Address _____ City _____

State _____ Zip _____ Phone _____ Email _____

Event (circle): 10k Run 10k Walk 2 Mile Run 2 Mile Walk Fun Run Male Female

Age on 2/25/2012 _____ Birthdate: _____ SCR Member _____ Gecko Member _____

Shirt size (circle): Youth Med Youth Large Adult Small Adult Medium Adult Large Adult XL Adult XXL

Add optional SCR Membership to my race entry \$_____ (add rate from above under Entry Fees)

I hereby release Space Coast Runners, Road Runners Club of America, and other sponsors and officials involved in any and all damages or injuries arising out of participation in the 2012 Eye of the Dragon or Tail of the Lizard and further state that I am in proper physical health and condition to compete in said runs. I understand that runners are responsible for knowing the course and race management is not obligated to alter results due to any runner's misperceptions, mistakes, or other circumstances that lead to an error on the course. **If participating in either Walking event, I understand that I may be disqualified from results if I run at any time during the race.**

Signature (parent or guardian if under 18) _____

Date _____

